



## **40 Ways to Feel like a Princess Every Day**

*Take a bath with lots of bubbles   Stand up for a friend   Hug a tree   Draw what makes you happy  
Listen to the birds sing   Smell a rose   Sing even if you don't know the words to a song  
Dream about a beautiful place   Write little notes to the people you care about   Smile  
Write a love note to yourself   Be a good friend   Make a gift by hand   Make a wish  
Dance (in the middle of your room if no ballroom is available)   Do a good deed  
Practice a positive attitude   Watch a sunrise or sunset   Cheer at the sight of a rainbow  
Make a crown out of daisies   Surround yourself with supportive friends   Give someone a compliment  
Be kind to animals   Believe in yourself   Gaze at the stars   Appreciate differences in others  
Celebrate because life is enough of a reason   Start a collection   Be welcoming  
Travel the world through books   Help someone in need   Be thankful   Write a little poem  
Collect treasures from nature   Donate your time to a good cause   Play an old fashioned game  
Count your blessings   Share your ideas   Spend time day dreaming   Learn a new skill*