



50 Ways to Feel like a Queen Every Day

*Add some whipped cream to your coffee Take a bath Paint your nails Hug a tree
Draw what makes you happy Listen to the birds sing Smell a rose Dream about a beautiful place
Sing even if you don't know the words to a song Write little notes to the people you care about
Write a love note to yourself Spend time reading to a child Make a gift by hand Wear a cute outfit
Dance (in the middle of your living room if no ballroom is available) Do a good deed Smile
Practice a positive attitude Watch a sunrise or sunset Cheer at the sight of a rainbow Make a wish
Make a necklace or crown out of daisies Surround yourself with supportive people Be kind to animals
Give someone a compliment Wear cozy, colorful socks Gaze at the stars Take a hike Be thankful
Celebrate because life is enough of a reason Start a collection Eat a cookie... enough said Count your blessings
Travel the world, if need be through books Help someone in need Snuggle up with a good book
Hold hands with someone you love Enjoy the smell of a cup of coffee or tea Talk to a friend
Read a sweet little poem Collect treasures from nature Donate your time to a good cause
Listen even if you don't know the person speaking Play an old fashioned game Take time for health checks
Share your ideas Decorate your space with flowers Get enough sleep to feel good the next day
Spend time day dreaming Remember what is important*